

## 7.2 Best Practices

Describe at least two institutional best practices  
Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

### 1. Title of the practice:

**Awareness about disadvantages of polythene bags.**

### 2. Goal:

To avoid environmental pollution:

The chemicals in polythene imbalance the survival of flora and fauna of the aquatic and terrestrial ecosystem. It is non- biodegradable and if dumped in the soil causes soil pollution, harm to the plant life. As the toxic substances of polythene get blocked among the soil particles. It is harmful for animals if swallowed. It solidifies inside the gastro intestinal tract which ultimately becomes lethal to the animal.

If polythene is burnt in open air hydrogen cyanide is released which is carcinogenic. It also causes air pollution and health hazardous. In most households polythene bags are used to preserve food items. It has been found out, the 33olourful polythene bag contains Led and Cadmium which is toxic and cause side effects to human health.

### 3. The Context:

In the present scenario, most households' polythene bags are used to carry and preserve food items and other essential substances. After using, they thrown out on the roads, it blocks the drains causing problems in the water flow of the pipes. The pipe blockages wood, cause flooding and free flow of drainage water is disturbed to society. It cause lot of Environmental damage. Single plastic bags can remain upto 1000 years, to decay completely. This makes the polythene bags to stay in Environments longer, intern leading to great coverage on the natural landscape. In other words, the more plastic polythene bags you use the greater the chances of environmental damages.

Not only animals, infants and young children's have also been damaged. Polythene bags are thin and airtight as well, children often end up blocking their mouths and nostrils. In case they are not being monitored by an adult, this leads to suffocation and in some case even death. Polythene bags are casing great problems in drainage and sewage reclamations in towns and cities. Polythene bags are non-degradable chemicals which will cause great problem to soil structure as they cement the air pores present in the soils and affect percolation of water which will cause water flooding after rain fall.

### 4. The Practice:

We perform different activities under the awareness committee on use of polythene bags. The committee is constituted as follows:

Dr. S.S.Mathpathy

Sri. S.S.Dharmareedy

Chairman.

Convener.

Sri. C.N.Biradar

Sri. D.K. Biradar

Sri.P.C.Dhoni

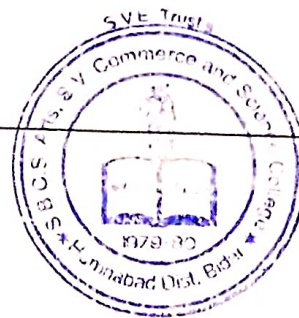
Sri.A.P.Kote

Member.

Member.

Member.

Member.



- ❖ Our activities are to survey the Waste polythene bags dumped by the citizens of Humnabad in places like municipal dustbins, nearby bus stand, vegetable markets, hospitals and market areas.
- ❖ Discussing regarding the effects of polythene garbage on local population of human and animals.
- ❖ Creating awareness among our students and staff members regarding the hazardous affects of polythene bags on health of population.
- ❖ Creating awareness among the common peoples along with students and staff members.
- ❖ Awareness programme:

The awareness committee is taking necessary steps by massive campaign in the town and nearby colonies. The committee is taking help from our students and staff members in the awareness campaign. The committee along with its volunteers is arranging no. of. Rallies in the town and nearby towns. During the rally the polythene bag sellers and stake holders in the commercial areas are made aware about the hazardous effects of polythene on local population of human and animals.

They are also made aware about the substitute materials like paper bags, cloth bags etc. Which are bio-degradable? The people are responding greatly towards our awareness campaign. We also noticed a great reduction in the use of polythene bags in our town.

The arrangement of such awareness programmes in future will reduce the total use of polythene bags. We regard this as our small social services to the nation.

#### 5. Evidence Of Success:

The awareness committee on use of polythene bags has created awareness among our students and staff members and then arranged campaign through rallies in the local town and nearby small towns. The campaign of awareness has yielded fruitful results. The success rate of awareness can be summarized as follows.

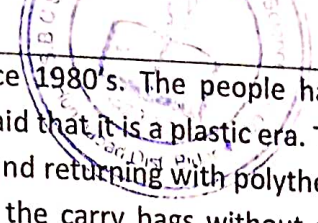
- First success we have noticed is our students and staff members have totally abolished the use of polythene bags they are using house made cloth bags when ever going for purchasing in markets.
- Our committee has successfully addressed the mall effect of polythene bags among the common peoples and commercial sellers. Before initiation to our campaign, we have surveyed. The polythene garbage in the town and nearby small towns. After several rallies we have noticed a tremendous reduction in the polythene garbage. Ours is a continuous process, in future we will see further reduction in polythene garbage. This clearly shows that our effort of creating awareness is yielding a fruitful result.

▪ Future prospects: In future we have plans of creating awareness among the peoples of different villages in the Humnabad taluka. In fact we hope that we will succeed in that also. In fact the awareness of such burning social problems will benefit our country. Such efforts can lead to build a clean India.

#### 6. Problems Encountered And Resources Required:

Problems encountered:





The use of plastic and polythene bags has become customary since 1980's. The people have become accustomed to plastic and polythene. Hence it is also rightly said that it is a plastic era. The people have become habituated of going to markets with bare hands and returning with polythene carry bags filled with purchase items. The shop keeper also supplies the carry bags without any extra costs. So it was very difficult to address to people to de-habituate the use of polythene bags. When they were accused not to use carry bags and go for substitutes like paper bags (or) cloth bags, the first question thus raised was regarding the availability and costs of these substitute products. They said when they get polythene bags for free why they should pay extra cost for others. The second problem is regarding the availability of paper bags or cloth bags? That too at low cost. It was very difficult to convince them. But we suggested bringing home made cloth bags switched from old cloths. This bag can be reused again and again.

Resources required- The resources required for substitute to polythene bags are low cost, strong papers capable of holding weight. The Govt. should provide aid to paper mills in producing such papers and should be available to the people at low cost, low cost cotton cloth should be made available for making bags. Then only people can be dehabituated from the use of polythene bags.

## **Second Best Practice.**

### **Title of Practice.**

#### **2. WOMEN EMPOWERMENT.**

##### **3. Objectives:**

- a) To develop a spirit of gender Sensitization
- b) To empower girls with physical and emotional Strength.
- c) To create awareness among the girls about their civil rights.
- d) To enable the students develop a sense of culture, ethics, morality and Social responsibility.
- e) To develop self esteem and Self confidence in girls.

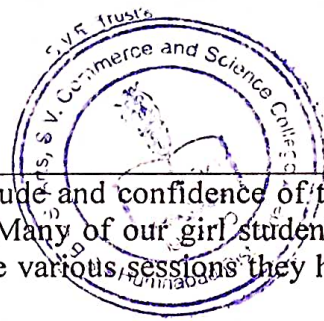
##### **4. The Context:**

There is no chance for welfare of the world unless the condition of women is improved "believing in their words of swami Vivekananda the college focus on activities related to women empowerment. Student welfare Committee in association with college committee have organized activities like self defence techniques, lecture Savors on health and hygiene, legal awareness work shop on home management and hospitality management etc. All the activities have made the students believe that women are the nurturers, custodian and bearers of Social tradition.

##### **4. The practice:-**

College organize a lecture of expert from govt first grads college chitguppa Dr. Jayadevi Gaikwad which was focused on awareness of human traffic and various aspects related to it college in association with mahila ayog works with state and central governments on two forms of human trafficking – bonded labor and sex trafficking of minors. They rescue and rehabilitate victims, prosecute offenders and train public justice officials. Many of female students were educated about the ill practice of society and trained and prepared so that they can help victims in coming times if any.

##### **5. Evidence of success:-**



The evidence of success was seen by seeing the attitude and confidence of the female students. The confidence level was good which compared to prior. Many of our girl student got stage courage earlier they used to hesitate to talk to the teachers. After the various sessions they have gathered lot of stage courage.

#### 6. Resources required:-

The resources reused to tackle the women empowerment goal is intellectual manpower. The committee has decided to appoint Prof. Smt. Jyoti Mulge of statistics department as convene. She is good intellect and has good rapport with female students.

The other resources to the goal are intellects from various walks of life, particular from police department, judicial department, social welfare department etc. The intellects are invited to deliver lectures and talks on women empowerment.

Various successful women achievers form local Humnabad city were also invited to boost the morale female of students.

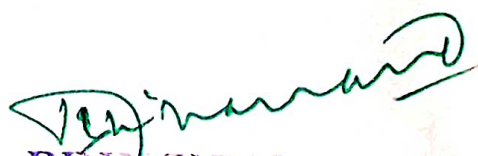
The required financial Assistance was provided by management to conduct the programmers related to women empowerment.

Problem encountered: the women students in the beginning were not enthusiastic to participate in deliberations some parents and staff vehemently opined that a awareness / Sensitization programmers defecated the very purpose and sending their wards to college.

The co-ordinator and members of the unit had to visit creation families and purchase the parents that all the programmers were meant for betterment and empowerment of their daughter.

As the gender sensitization programmers designed revealed several disparities and in equalities, that we might not have noticed earlier. People especially the other gender, argued discussing gender and gender roles would break up families and destroy society.

Some parents even found fault with the college that their children were detained in the college beyond working hours for unconnected and counterproductive programmers' under the circumstance, their college has thought it appropriate to forge a head with the objective for which an exclusive cell is created.

  
**PRINCIPAL**  
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